

NEW EARTH

NEW PARADIGM
IN BUSINESS

PREPARED BY:

NETG

WORK & WELLNESS FOR THE NEW NORMAL

We are entering a new time,
one in which the old systems
and structures no longer
work.

We are evolving into
a new way of living and
working.

Corporations are
shifting to Co-Operations
based on new principles.

PRINCIPLES OF CO-OPERATIONS

RIGHT ACTION

DISCIPLINE

WELLNESS

HIGHER THOUGHT

PASSION

UNITY

CO-CREATION

COMMUNICATION

RIGHT ACTION

The principal of right action is based on the full awareness of what each being's role is and in all moments, what the best action is to support the whole.

The new way of operating must be based on every action supporting and serving the whole rather than the individual.

The shift in operations requires each employee to shift their perspective on their role. Their role is to support the entire unit, regardless of the individual preferences, wants, or needs.

This shift in perspective allows the entire unit/business/co-operatin to function as a whole of moving parts, rather than separate parts.

RIGHT ACTION

When all employees are in right action, there are no dropped balls. There is a seamless flow to all projects, communication, and day-to-day tasks.

Having a structure in which all employees, departments, etc., are aware of what all other employees and departments are focused on allows for quality assurance and accountability.

When each employee, department, etc., is accountable and responsible for the goals and tasks of the WHOLE, it creates an environment of support and initiative.

Right Action creates checks and balances which keep everything in flow.

RIGHT ACTION

EXAMPLES

~All employees are responsible not only for their own tasks, but the tasks of their entire department/team.

~All employees should be trained on all tasks and skills required for the department as a whole, not just their individual role.

~All departments should be aware of what projects and goals the other departments are working on. All employees should be aware of ALL deadlines within the team/business/co-operation.

~There should be a list of daily tasks required to keep the operation running smoothly, and all beings are responsible for ensuring these tasks are met.

DISCIPLINE

Discipline, consistency & integrity are the key factors that make a grand employee and a grand business.

In this changing paradigm, it is no longer about control, power over, or rigid structure. The key is to allow each being their unique flow while instilling the principles of discipline.

The more self-discipline each employee has, the more consistent they are and the greater amount of integrity they will hold with their actions.

Our new normal may include working remotely or in an untraditional setting. Self-discipline will be essential in these situations.

DISCIPLINE

Daily disciplines for each employee + team +department will keep consistent communication and action moving energy forward.

Every employee should incorporate a wellness discipline with their routine in order to ensure they are taking care of themselves

Each day should include a scheduled time for meditation, journaling, reflection, etc., as well as 45 mins a day of movement (including walking, running, yoga, dance, etc.)

Employees are encouraged to document everything either electronically or on paper of /calls/meetings/notes each day

WELLNESS

The wellness of each employee is vital to keeping the whole running in function.

Wellness includes physical wellness, emotional wellness, and spiritual wellness. Each aspect is vitally important for the overall well being of the business or company.

Self-care is essential for each being as part of their daily routine. When we fail to take care of self we are unable to function and be in service at our grandest level.

All businesses/companies must encourage wellness, healing, discipline, and right action as the foundation of their co-operation.

PHYSICAL WELLNESS

The physical vessel processes energy and must be cared for. Physical wellness includes a daily discipline of 45 minutes of movement, honoring the vessel by listening to it, and providing it with whole and pure food and medicine.

Under the Dr. Emoto theory, all pure intention put into a substance, specifically water, changes the molecular structure of the substances to a more harmonious and high vibrational substance.

This method has been shown to be able to transform any substance into a purer frequency that is actually healing to the physical body.

PHYSICAL WELLNESS

Using this simple technique with all food, drinks, and medicine placed into the body will have great positive effects on the functioning of the body.

Using the simple mantra "I ask for this ____ to be transformed into the highest organic ingredients that are healing and harmonious for my body", before ingesting any food or drink, will help keep the body clear and functioning at its grandest capacity.

Daily Disciplines for Food/Water

- ~Drink at least 8 glasses of water per day
- ~Meals should include food that is healing to the body, while enjoying snacks and any food that brings joy.

PHYSICAL WELLNESS

Grounding is a term used for connecting the body to nature for about 2-5 minutes at a time, as many times per day as each being feels guided to.

Grounding is essential to keeping focus and diligence while completing any task or project. Grounding keeps you centered and able to bypass distractions or unconscious actions.

Grounding can be done by placing your feet on the Earth for about 2 minutes at a time including deep breathing.

Coffee and red meat are also grounding tools to be utilized a minimum of 3 times per week.

EMOTIONAL WELLNESS

Emotional wellness includes self-care practices which allow each employee moments each day to process any emotions they are experiencing, challenging events, and daily stress.

"Processing" means that each being is allowing themselves to feel their emotions, while working through them and then letting them go each day.

When emotions go unprocessed, it causes stagnant energy inside the physical body which then leads to disease, illness and pain.

EMOTIONAL WELLNESS

Daily disciplines for each employee include 15 minutes per day of journaling, writing notes/organizing ideas, and reflecting on the experience of the day.

Each employee should be encouraged to discuss their feelings openly with any manager, supervisor, owner, or other employee. Full transparent and open communication allows for resolution and solutions.

Each employee must be encouraged to communicate if they require a rest or break from their daily tasks in order to process emotions. The wellness of the employee is a priority for the entire co-operation.

SPIRITUAL WELLNESS

Spirituality is our connection to Spirit or to Source energy. It has no religion and no belief systems but understands that we are all inter connected and express our energetic signatures in unique ways.

Each being must be in tune with their own energy and with Spirit in order to truly harness their full potential and their grandest self.

Part of spiritual wellness includes spiritual discipline which is an everyday practice of gratitude, reflection, and inner connection.

SPIRITUAL WELLNESS

Each employee should incorporate a spiritual discipline into their daily routine. This can vary from person to person on what works for them.

The following are examples of spiritual disciplines that should be done per day:

- ~Meditation (15-20 mins per day)
- ~Daily Affirmations/Mirror Technique
- ~Daily journaling (15-20 mins per day)
 - ~Daily gratitude list
 - ~ Prayer
 - ~ Sun Gazing

HIGHER THOUGHT

Higher thought is a state of positivity that focuses on inspiration and growth and does not judge things as negative or positive.

Each employee should be trained on higher thought, as thoughts create reality it is a very powerful force for all employees to be focusing on the higher.

Lower thought focuses on problems, while higher thought focuses on solutions. Lower thought focuses on things as "negative" or "bad", while higher thought views everything as an opportunity to grow.

HIGHER THOUGHT

The working environment should always encourage higher thought. Judgement and blame should never be present in the work place as it creates stress, competition, and lower thought.

Weekly Co-Creative meetings are a great way for higher thought to begin manifesting the visions and dreams of the Co-Operation as a whole.

5D Co-Operations function off of vision, intuition, serving the greater good, and limitless possibilities. This is what allows abundance to actually manifest.

PASSION

“If you love what you do, you will never work a day in your life”

We have all been given particular gifts, and part of the fun on our journey is discovering those gifts & fostering them into reality. As our entire world develops and evolves into 5D, it will be of the utmost importance for each person to be passionate about what they do from day to day.

Together, we are all Co-Creating our realities full of Love and Light. The idea of a work day needs to be fully reimagined, and redefined through a much different perspective than in previous time periods.

PASSION

Passion and Purpose should be the fuel that motivates each individual to get up and out of their beds each and every morning and they assist in adding value to the world around them. We have now moved into the age of aquarius, and a very welcomed piece of that is living in an age of “passion and purpose”, because of our ability to now see full truth as well as the expansion of the collective consciousness is fully underway.

This means each one of us can embrace living in the now, appreciating each experience as it happens and constantly reevaluating one's goals.

PASSION

When we discover our purpose moments, we tap into an endless supply of energy to perform our role in a better way.

This means each one of us can embrace living in the now, appreciating each experience as it happens and constantly reevaluating your goals.

Feeling becomes an important part of realizing each individual's full passion and purpose, identifying the fire that burns inside and sharing it with the world. Creating meditation times and spaced in each work environment sends many positive messages to all members of your team and encourages them to stay grounded and go inside for answers.

PASSION

Discovering one's purpose at the workplace is associated with one's value and unique talent and exploring what to give back to society.

Meaningful work in the form of purpose acts as a stimulant for improving self worth, as it develops the personal identity and dignity of a professional. Performance in the form of involvement in a meaningful activity results in growth and actualization of one's potential at work. Unity and Co creation are the direct result of a purpose filled and passionate worker & working environment. Purpose and performance harmonize with each other, as purposeful engagement stimulates interpersonal relationships, such as camaraderie with one's colleagues, citizenship behavior, mentoring and mutual support.

PASSION

Communication, sharing visions and accountability becomes more of a focus than a focus on a strict /rigid management hierarchy. Shifting the focus to one of purposeful engagement positively impacts the overall environment.

Dissolving old belief systems of how “things are done here” will quickly bring the spark to any team full of passionate and purpose filled members. Unity is achieved with the feeling amongst the entire organization that each member feels truly valued, heard, and focused on the collective goal established. The results will speak volumes as to the success of this approach.

Through this unity, passion, and purpose we remain in right action, relentless in pursuing our consistent goal of balanced harmonics. 21

UNITY

Unity is the state of being united as a whole. Organisations have in the past used team building activities as a means to bring employees together to strengthen and deepen relationships. In the old business paradigm, these fostering of relationships stemmed primarily from the need to increase employee output or productivity to ultimately gain more and more profit. We have broken away from this limited ego-based paradigm. The new business model of New Earth will be based fundamentally on Unity and Love in Action.

The planet was put “on pause” that separated people from each other through mandatory lockdown. People have had the opportunity to reflect on their values, their paths and what

UNITY

aligns best with the energy of Oneness. They have had moments to reflect on what mattered most; connection with others.

Unity means:

- Harmony
- Balance
- Child Like Wonder and Fun
- Spreading Unconditional Love
- To Be of Service to Mother Earth

Collectively we are evolving beyond the limitations of the physical plane. Unity Consciousness is our natural state of being. Love will become the driving energy behind the Co-operation's and team member's motivation for working together to fulfil a common cause.

UNITY

It is paramount that the Co-operation's vision remain pure and true to love in all moments. Focus will be on infusing love and grandness into the goods and services that is offered to the customer. Unity will manifest in the team in various ways. For example, two members will come up with the same ideas at the same time. Heart telepathy will also become more commonplace as a means of communicating.

Whereas the old business model was based on monetary gains, the new business paradigm is based on the intrinsic evolution and growth of each individual and of the co-operation. Co-operations will begin to see the value of following Universal laws that promote right action.

UNITY

Leaders will start to lead by example through walking their talk, and will gain respect by being authentic and being in integrity. Co-operations will allow teams to grow organically and will respect everyone's ideas with equal measure. Decisions and choices will be made together in unity amongst the leaders and their teams.

People will be motivated to explore their creativity and apply this, joyfully co-creating grand projects together. The co-operation will naturally support its members by creating processes that encourage this unity. When all are working towards the highest, the energies of love will support the projects and create more synergy, abundance, and flow.

CO-CREATION

No longer will profit dictate the type of responsibilities and tasks team members have to fulfil, therefore, the concept of collaboration with others will evolve to a much more meaningful and heartfelt way of creating new products and services.

Note that the word collaboration can be broken down to its suffix “co” and the verb “labor” to mean essentially working (hard) on a project together but not necessarily with the synergy or alchemy that occurs between people who are in their heart space and in the present moment of love and trust. In the past there has been much emphasis on Project Management. Projects typically go through various stages; from inception to budget, all the way to mapping out processes and

CO-CREATION

projections of outcomes or result. In the new business model, co-creation will occur in place of collaboration, where projects will manifest between people in a much more organic way.

Our evolution towards higher frequency vibrations brings about a complete awareness of our energetics and how our energies affect the whole. Trusting ourselves and others will be an important factor in the process of Co-creation. We will let go of wanting to control the situation to create a certain outcome. We will gravitate towards deeper connections with one another and team members will naturally create ideas in unity and allow divine guidance to lead them to the next stage of the process, rather than mapping out the stages in detail that is pre-conceived.

CO-CREATION

There will no longer be the need to have strict parameters, as leaders come to the realisation that there is indeed benefit in having more fluidity and flexibility that creates flow, in order for creativity of individuals to shine through naturally.

Team members will be able to explore expansive avenues to be creative, co-creating projects and inventions that have never been seen before. Inventions have often manifested simultaneously within the collective consciousness like this where several beings created the same invention at the same time.

CO-CREATION

The most meaningful feedback in this new model of co-creation will come from synchronistic events rather than leaders giving specific reviews on an individual's job performance. These divine confirmations will assure team members that the project is going in the right direction. Surrendering to the present moment without pushing for a certain outcome allows the magic of Co-creating to lead to innovative paths and unknown territories yet to be explored, thereby enriching everyone's experience and growth at the soul level.

Team members will no longer need motivation from external factors but rather feel inner joy from the unfoldment of the process and trusting the organic and grander outcome.

COMMUNICATION

It is a given that clear and open communication is essential for Co-operations to thrive. People will learn how to work with energetics so that dysfunction such as non-communication or miscommunication are eliminated within the team dynamics. The Four Agreements by Don Miguel Ruiz is a perfect resource to begin our transition towards divine communication.

The First of the four Agreements is To Be Impeccable with one's words. Team members need to speak with integrity to say only what they mean.

COMMUNICATION

The Second Agreement is To Not Take Things Personally. The ego thrives in suffering and wants us to be attached to things, such as other people's opinions. In the old business model, communication was a hot topic because too much energy was spent in projection. When someone is in fear or anger, they can easily lash out at you in their frustration.

The key is to not take this personally. Letting go of all attachments regarding communication will allow more divine energies to flow through team members which can be refocused to moving projects and visions forward.

COMMUNICATION

The Third Agreement is Don't Make Assumptions. Be courageous enough to ask questions should something need to be clarified. When the team commits to fully expressing themselves especially when they are vulnerable, leaves everything out in the open and there will be no ambiguity when it comes to other people's intentions and feelings.

COMMUNICATION

Lastly, the Fourth Agreement is Always Do Your Best to communicate. If public speaking is something that makes someone anxious, then they must make an effort to improve their public speaking.

Everyone must commit to leaning into the resistance so that expansion can occur beyond everyone's comfort zones. Consistency is key and leaders must be the example at doing their best.